



# Programme



Volume 49 Weekly Meeting No. 13

September 26, 2013

**WELCOME GUEST SPEAKER DRA. CHERIDINE O. JOSEF**

**Topic "Sarcopenia of Ageing"**

- I. Registration
- II. Program
  - Call to Order - Pres. Hermie de la Paz
  - Invocation - Spouse
  - National Anthem - Spouse
  - Rotary Pledge & The 4-Way Test - PP Rudy Valentino
  - Introduction of Visiting Rotarians & Guests - PP Ronie Masangkay
  - Entertainment - PD Eduard Farcon
  - Recognition - Dir. Val Barcinal
  - Rotary Information - PP Tony Fidelino
  - Introduction of Guest Speaker - Sec. Chris Meriño
  - Guest Speaker - Dra. Cheridine O. Josef
  - Secretary's Time - Sec. Chris Meriño
  - President's Time - Pres. Hermie de la Paz
  - RC Marikina March
  - Adjournment - Pres. Hermie de la Paz
- III. Fellowship/Weekly raffle - Pres. Hermie de la Paz

**PD Jerome Josef  
Master of Ceremonies**

**THE ROTARY PLEDGE**

I do solemnly promise to help advance the object of Rotary, comply with the constitution and by-laws of Rotary International and the Rotary Club of Marikina, ever putting into practice Rotary's Motto: "SERVICE ABOVE SELF."

**THE FOUR WAY TEST**

*Of things we think, say or do:*

- Is it the TRUTH?
- Is it FAIR to all concerned?
- Will it build GOODWILL and better FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned?

## PRAYER

*Heavenly Father we are grateful for the wonderful mixture of blessings, promises and mercy running through our lives, even the trials and lapses of faith. Again we ask for your help to meet our goal, to fight the good fight, to finish the race, and to keep the faith. Give us new strength to function best and accomplish the most for the Lord when we do what we've been gifted to do; to benefit others and to fulfill His purpose. We thank You for all things to God the Father in the name of Lord Jesus Christ. Amen.*

## **Congratulations!**

PP Eric Ignacio on your 19th year-Sept. 29

PP Joe Lee on your 36th year-Sept. 29

Dir. August Igliaie On your 2nd year—Sept. 29

***In Service of Rotary!***

## **Happy Wedding Anniversary!**

PP Larry Tanpengchang & Sp. Viring—Sept. 29

PD Eduard Farcon & Sp. Nancy—Oct. 2



## ROTARY CLUB OF MARIKINA MARCH

*Music: PP Jimmy Capco*

*Lyrics: Rtn. Francisco Pascual;*

*Arranger: Rtn. Allan SM Perez*

Come sing with us for fellowship  
A song of camaraderie  
Then give your hand in fond friendship  
To Marikina Rotary

We love to share our thoughts with you  
And lavish in your company  
So, come each meeting day please do  
To Marikina Rotary

### Refrain

Motto of SERVICE ABOVE SELF  
Is not a mere phraseology  
Participate with zeal and zest  
In Marikina Rotary

Let us Rotarian serve all  
Our beloved community  
Then we can accentuate the goal  
Of Marikina Rotary

### DECLARATION OF ROTARIANS IN BUSINESS AND PROFESSION

As a Rotarian engaged in business or profession, I am expected to:

1. Consider my vocation to be another opportunity to serve;
2. Be faithful to the letter and to the spirit of ethical codes of my vocation, to the laws of my country, and to the moral standards of my community
3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation
4. Be fair to my employees, associates, competitors, customers, the public and all those with whom I have business or professional relationship;
5. Recognize the honor and respect due to all occupations which are useful to society;
6. Offer my vocational talents; to provide opportunities for young people; to work for the relief of the special needs of others, and to improve the quality of life in the community.
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or profession
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded to others in a business or professional relationships



# First Class Voyager

PRES. HERMIE DELA PAZ



Last Thursday Sept. 19, 2013 we joined our other sister clubs for the 1<sup>st</sup> Intercity meeting of all the Rotary clubs in Zone 4 at the Kapitan Moy. Our guest speaker, classmate FC Pres. Atty. Nikki de Vega, talked about Franchising 101 to all the members from each of the 14 club represented. Earlier in the day, we attended the Buntis Party together with IPP Benjie Malaya at the Health Center of Nangka, where resource persons from the City Health Office talked about pre-natal care to about 20 pregnant women in the area.

In the evening of Sept. 21, 2013, I led the delegation from our club to the 55<sup>th</sup> Induction and 54<sup>th</sup> Charter Anniversary ceremonies of our mother club RC Caloocan. At the invitation of my classmate, FC Pres. Erwin Belleza, who asked me to bring along some of our members, I asked four directors from our club to join me in this event to represent our club. Aside from PDG Efren de Guzman and PDG Jun Farcon with PDG Lady Zeny, PE Dodjie Cabalquinto, and directors Val Barcinal, Boni Barotilla and Manny Pecho also joined the other delegations from other Rotary clubs and my other First Class President classmates. Almost all the past district governors attended and joined their Guest of Honor DG Luizo "Louie" C. Ticman, his Lady Ruby in the celebrations.

Early morning last Tuesday, Sept. 24, we went to Cavinti, Laguna at the invitation of my classmate, FC Pres. Gil Custodio to attend their 5<sup>th</sup> Induction of officers at the town plaza and renew our sisterhood agreement. Since this interclub relation was started during the term of Global President PP Ronie Masangkay, I asked him to join us in this event. Together with Sec. Chris Merino, we asked our board and members to join our delegation. Those who responded to our call include PP Flor de la Paz and PP Tony Fidelino. We all had a wonderful time, with barely a minute of silent time from the many conversation and stories narrated by both our past presidents during the entire trip. We had our lunch at the new rest house of PP Ronie in his 6 hectare fruit farm, where all kinds of fruits trees are planted. After a sumptuous lunch of tinolang native chicken, inihaw na tilapia, laing, and ginataang langka, we all had our fill of newly picked fruits from the farm such as very sweet lanzones, rambutan and marang. The farm is also planted with rice and there were various domestic animals being raised like native chicken, native pigs and turkey. The air in the farm is so fresh and the water from the spring sweet to taste. We all enjoyed the hospitality of PP Ronie and his father. After some rest and the rains, we all went to Bulajo Elementary School, to donate books courtesy of PP Flor de la Paz and PD Nestor Garcia. After some chat and photo ops with the three lady teachers in the school, we proceeded to the Cavinti town plaza for the induction. While seating and waiting at a nearby sari-sari store, for the members of the RC Cavinti, who were having their Governor's visit at a nearby place, I happen to notice a gentleman who just arrived, wearing a Rotary pin on his collar. I started a conversation with him and introduce our delegation. It so happen that he was a past president and he was also invited to the event that night to represent their club RC Bay, the mother club of RC Cavinti. He is also the Municipals Environment Officer of Cavinti and he works for Mayor Milfred Olivares, who was the IPP of RC Cavinti. He invited us to the Mayor's Office nearby. By the way, as



# Rotary Engagement

SEC. CHRIS MERIÑO



Being the New Generations Month of the Rotary International our club has undertaken various projects focusing on the development of our young wards in the Alternative Learning System students, Interact and Rotaract Clubs. Youth Service is the newest Avenue of service open for Rotarians embodied in our slogan “Every Rotarian an Example to Youth”.

The Book Donation Committee led by Chairman PD Nestor Garcia has started distributing elementary textbooks to various schools. The first batch of textbooks were delivered to the Bulajo Elementary school as a joint project with our sister Club the Rotary Club of Cavintilast Sept 24, 2013. The next batches of textbooks were delivered yesterday, September 25, 2013 to the Concepcion Elementary School and Marikina Heights Elementary school. Our next engagements will be for the Malanday Elementary School and H. Bautista Elementary School, our adopted schools. We commend the generosity of our chairman for facilitating the distribution and storage of these educational materials. We also recognize the help of Treas. Elmer Tan for lending his pickup to deliver the books. Kudos are also due to Dir. Manny Pecho as Director in Charge, PP FlorDela Paz for the donation of additional textbooks and reference materials, PP Tony Fidelino, AG Ronie Masangkay and his father for their kind assistance in our donation to the Bulajo Elementary School.

The culminating activity of the New Generations Month we will be conducting our annual New Generations Conference tomorrow September 27, 2013 Friday at 9:00-11:00 a.m. Our distinguished speakers, PP Mayor Del R. De Guzman and PDG Virgilio “Jun” Farcon, prominent Rotarians and members of our Club, are tasked to inspire the youth with our slogan in mind. All are encouraged to attend this worthwhile activity.



## Calendar of Activities



### September — New Generations Month

27	Sept (Fri)	9-11AM	New Generations Conference	MRYC
28	Sept	1PM	Rotary Academy 101—San Juan & Marikina	
30	Sept (Mon)	10 AM	Buntis Party—Fortune	

### October — Vocational Service Month

06, 13, 20, 27	Oct (Sun)	8 AM	Tenpin Bowling Tournament	Star Mall
07	Oct (Mon)	7 PM	Board Meeting—Host: Dir. Manny Pecho	MRYC
10	Oct (Thu)	8 AM	Bamboo Tree Planting Zone 4	Riverbanks
26	Oct (Sat)	6 PM	Octoberfest	Rizal High Grounds



# Service-in-Action



Buntis Party, Sept. 19, 2013, Nangka Health Center



1st Inter-Club Meeting, Sept. 19, 2013, Sentrong Pangkultura ng Marikina



Guest Speaker Atty. Nikki de Vega





# Service-in-Action



**Cavinti Laguna, Sept. 24, 2013**



Book Donation at Bulajo Elementary School, Cavinti Laguna



Courtesy Call to Cavinti Mayor Milfred Olivares



Renewal of Sisterhood with RC Cavinti



Meeting for RY 2014-2015 Team, Sept. 21

RC Caloocan Anniv., Sept. 21



Zone 4 PEs and Incoming Officers



# GUEST SPEAKER



***Cheridine P. Oro-Josef, M.D.,D.F.M., FPAFP, FPCGM***

# 56 Paterno St., Bgy. Parang, Marikina City  
Tel. No. 9413891 ; Cell Phone (0927) 9157852  
E-mail [cheridine\\_md@yahoo.com](mailto:cheridine_md@yahoo.com)



DIPLOMATE AND FELLOW, PHILIPPINE COLLEGE OF  
GERIATRIC MEDICINE  
DIPLOMATE AND FELLOW, PHILIPPINE ACADEMY OF  
FAMILY PHYSICIANS

Finished RESIDENCY TRAINING IN FAMILY MEDICINE, University of Santo  
Tomas (2004)

Post- Graduate, University of Santo Tomas, Faculty of Medicine and Surgery 1999  
College, University of Santo Tomas, BS Medical Technology 1994, passed the Licen-  
sure Exam in 1994

Consistent First Honors and graduated Valedictorian in Elementary and High School at  
the Notre Dame of Cotabato for Girls

CURRENT POSITIONS:

PRESIDENT, PAFP- PAMARISAN CHAPTER  
TREASURER, FOUNDATION FOR FAMILY MEDICINE EDUCATORS, INC.  
CHAIR, ORIENTATION COURSE, CME COMMITTEE OF THE PAFP  
CHAIR, DOCUMENTATION COMMITTEE, PAFP ANNUAL CONVENTION since 2005  
CHAIR, PAFP ANNUAL IN SERVICE EXAMS since 2008  
MARIKINA VALLEY MEDICAL SOCIETY, Assistant Treasurer

PROFESSIONAL EXPERIENCE:

FACULTY, ATENEO SCHOOL OF MEDICINE & PUBLIC HEALTH  
FACULTY, UNIVERSITY OF SANTO TOMAS, COLLEGE OF EDUCATION, De-  
partment of Nutrition and Dietetics  
FACULTY, UNIVERSITY OF THE EAST, COLLEGE OF EDUCATION,  
Department of Nutrition and Dietetics  
CONSULTANT, GLOBAL HEALTH NETWORK  
GERIATRICS CONSULTANT, UNILAB BAYANIHAN FOUNDATION AND  
HEALTHFIRST DELIVERY SYSTEMS, INC.

PRIVATE AND COMMUNITY PRACTICE:

**ST IGNATIUS DE LOYOLA HEALTH CARE SERVICES**  
# 253, Shoe Ave., Sto. Nino, Marikina City Mon- Sat 3-5 PM  
**CLINICA URRUTIA**

#843 JP RIZAL ST., NANGKA, MARIKINA CITY Mon- Sat 5- 7 PM

**HEALTHFIRST DELIVERY SYSTEMS INC.,**

3rd Flr, EDSA Central, Greenfield Business District, Shaw Blvd cor Edsa, Mandaluyong City  
Mon and Wed, 8- 10 AM

**STA LUCIA HEALTH CARE SERVICES**

Basement Level, Sta Lucia Mall, Cainta. Rizal Sat 9AM– 3PM



# Rotary Information

PP TONY FIDELINO



## Birth of Rotary

The Rotary movement was born on February 23, 1905, when Paul Harris, then a young lawyer, met with three friends to discuss an idea that he had been developing. The three men were Silvester Schiele, a coal dealer; Gustavus E. Loehr, a mining engineer; and Hiram Shorey, a merchant tailor. They met in Gus Loehr's office in the Unity Building, at 127 North Dearborn Street, Chicago.

Paul's idea was that businessmen would get together regularly to enjoy each other's company and to enlarge their circle of business and professional acquaintances. Out of their discussion came the idea of a men's club whose membership would be limited to one representative from each business and profession. Weekly meetings were to be "rotated" at each member's place of business, thus the name "Rotary" was born.

After several meetings, the group was formally organized as the Rotary Club of Chicago. The first roster (1905) showed a membership of 30 with Silvester Schiele as president. Paul Harris declined any office in the new club and did not become its president until two years later. Word of the new organization spread rapidly. Soon, membership increased to the point at which it was no longer practical to meet at a member's place or business. Thus began the practice of holding weekly meetings at restaurants and hotels. Two years after the club's founding, the first community project - the establishment of a "public comfort station" in the city of Chicago, was initiated.

In 1908, a second club was founded in San Francisco, California, U.S.A. The following year, three more clubs were founded. By 1910, there were 16 clubs with 1,500 members all over the continental U.S.A. The first Rotary convention was held in 1910 in Chicago and the 16 clubs were united as "The National Association of Rotary Clubs". Paul Harris was elected president of the association.

Rotary became "international" in 1911 when the Rotary Club of Winnipeg, Manitoba, Canada, the first Rotary club outside the U.S. was formed. That same year, clubs in London and Manchester were organized. Also in that year, Paul was astonished to learn that a "Rotary" club already existed in Dublin, Ireland, since March 1911. The mystery was unraveled when it was discovered that Stuart Morrow, an ex-Rotarian on San Francisco, U.S.A., had gone to Ireland and organized clubs in Dublin and Belfast. Also in 1911, The National Rotarian, forerunner of The Rotarian magazine was born.

Once the movement had spanned the Atlantic it spread rapidly. At the 1912 Rotary Convention in Duluth, Minnesota, U.S.A., the name was changed to "The International Association of Rotary Clubs", which was shortened in 1922 to "Rotary International". The first president from outside the United States of America - E. Leslie Pidgeon of Winnipeg, Manitoba, Canada - was elected in 1917.



# Club Treasurer's Report

TREAS. ELMER TAN



## Cash Position Report

Sept 13-19, 2013

Beginning Balance as of September 13, 2013	108,836.90
<u>Cash/Check Receipts</u>	
Dues	3,500.00
Others	2,000.00
Total Receipts	5,500.00
Sub-Total	114,336.90
<u>Check Disbursements</u>	
AWD-Tarp Backdrop/Print Bulletin	4,288.50
Total Disbursement	4,288.50
Ending Balance, Sept. 19, 2013	<b>110,048.40</b>

Car Raffle Collections as of Sept. 19	<b>36,000.00</b>
less - payment to the District (Sept. 12)	<b>(25,000.00)</b>
<b>TOTAL</b>	<b>11,000.00</b>

...from page 10 Ecology Today

outbreaks were also observed after strong El Niño periods. The worst incidence of red tide in Manila Bay occurred in 1992, another El Niño period.

Among the extreme weather events that have happened recently are those which caused massive landslides in Guinsaugon, Southern Leyte and Legaspi, Albay. These extreme weather events have one thing in common - persistent torrential rains, causing landslides and flash floods, killing people and destroying property along its path.

In all these extreme events, the poor and the disadvantaged are the most vulnerable to the negative consequences of climate change.



# Ecology Today

DIR. VAL BARCINAL



## CLIMATE CHANGE: THE PHILIPPINE RESPONSE

### GLOBAL TREND

- During the 20th century, the average global temperature went up by about 0.74°C, with the warming affecting land more than ocean areas. In addition, average rate of warming over the last 50 years is nearly twice that for the last 100 years.

Further warming and changes in the global climate system during the 21st century could occur if greenhouse gas (GHG) emissions equal to or higher than current levels will persist. Among these are increased precipitation that could cause flooding in certain parts of the world while more intense and longer droughts are experienced in other areas, rising sea level, decreasing snow cover, melting glaciers and arctic warming that also contribute to sea level rise. Climate change, if left unchecked, will also affect biodiversity and ultimately the earth's natural systems and processes.

### Climate Change in The Philippines

The Philippines has experienced temperature spikes brought about by climate change. It has been observed that warming is experienced most in the northern and southern regions of the country, while Metro Manila has warmed less than most parts. In addition, the regions that have warmed the most (northern Luzon, Mindanao) have also dried the most. Largest precipitation trends are about 10 percent during the 20th century.

Hot days and hot nights have become more frequent. Extreme weather events have also occurred more frequently since 1980. These include deadly and damaging typhoons, floods, landslides, severe El Niño and La Niña events, drought, and forest fires. Adversely affected sectors include agriculture, fresh water, coastal and marine resources and health.

### New Risks and Pressures

- Agriculture is the sector most affected by tropical cyclones. The highest ratio of tropical cyclone damage to agricultural output was 4.21% in 1990, followed in 1988 by 4.05%. Typhoon damage rose to more than 1% of GDP in 1984, 1988, and 1990 (at 1.17%, the highest). The decline in production and productivity will possibly threaten the country's food security.
- Likewise, frequent occurrence of extreme events has affected rainfall and inflow patterns of the reservoirs. Annual inflow in Angat dam was most deficient during the El Niño episodes in 1983-84 and 1997-98, which resulted in water rationing in Metro Manila. During the 1970s, more cold, La Niña-type episodes dominated resulting to a relatively moist decade.

There is also evidence correlating El Niño occurrences with the epidemics on dengue.

Massive coral bleaching in various reefs throughout the Philippines occurred during the severe 1997-98 El Niño episode. Fish kills and high mortality of cultured giant clams and severe red tide



## Digitally Yours

RTN. JOEY RAMOS







### The Best Android Tips and Tricks (series)

#### Introduction


The Android operating system has been developing fast since the release of Version 2.x (ranging from *Eclair*, *Froyo* to *Ginger bread*) for smartphones and Version 3 (*Honeycomb*) for tablets. It achieves another great milestone with the latest Version 4 (*Ice Cream Sandwich* or *ICS*), a universal system suitable for running on both smartphone and tablet devices.

If you're using a smartphone running on the Android version 2.x, you will be familiar with the four hardware buttons—Back, Menu, Home and Search—to interact with the system. Borrowing the design built for the tablet, Google's flagship smartphone Galaxy Nexus running on Android 4.0 now has no hardware buttons on the front, not even one. These hardware buttons turn virtual, leaving only two physical buttons—Volume and Power—on the left and right sides of the device.

Like the screenshot, the three buttons Back , Home  and Recent Apps  often appear on a home screen and the Menu button  only shows up when an app needs it. When you playback a video, the default media app hides all these onscreen buttons and takes up the whole screen area for your video. A pretty good idea.

If you've just got a new Android device running on Version 4.0, these tips and tricks might be of help to you. Some relevant information on older versions of Android is added for ease of reference where applicable.

#### How to Switch between Open Apps

When running an app, you can minimize it by simply tapping the Home icon . Getting back to it is not just one click on the taskbar like the way you do in Windows. But the Android way is pretty straightforward too.

Tap the Recent Apps icon  to reveal the apps that you recently opened. (*Note 2*)

Slide down to see more recent apps.

Tap a screenshot from the list to instantly switch to the app.

*Note 1:* You can clear the recent apps from the list by swiping them sideways one by one.

*Note 2:* On Android 2.x, touch and hold the Home button to reveal recent apps.



# Inner Wheel Club of Marikina

**PRES. ARLENE BARCINAL**



Governor's Visit/Ladies Night, Sept. 12, 2013, MRYC



Snacks at Pan de Americana during Marikina Tour of DGL Ruby Ticman



Feeding Program at Emmanuelle Day Care Center



Visit at Maritxell Orphanage at SSS Village



IWC 3800 Pilgrimage - Kamay ni Jesus with Father Fallar

...from page 3 First Class Voyager

in many towns in rural Spanish-era Philippines, the usual civic center lay-out is the convergence of the church, municipal government office, marketplace and police station surrounding the town plaza. Mayor Olivares offered us coffee in his newly renovated office and told us about this 3<sup>rd</sup> class municipality's plans to become a major tourist destination. If their plans proceed well, they will open to the public their Cathedral Underground River and Caves in October. They claim this is much better and more exciting than the Palawan Underground River. He mentioned a good opportunity to build bed and breakfast or hotels to offer the expected foreign and local tourist who will need decent accommodations. They also plan to build a steel walkway/ trail to connect the four waterfalls in the area. Mentioned that the famous Pagsanjan Falls is actually located in Cavinti and they will soon promote it as Cavinti Falls too. It just so happen that you have to pass through the town of Pagsanjan to get to the falls. With this young and energetic mayor, we will soon see Cavinti in the limelight of tourist destinations. A few minutes later, we proceeded to the covered town plaza just in front of the municipal hall for the Induction. We met my classmate and the other officers of RC Cavinti as well as the delegations from other clubs in Laguna and Quezon. We were also given an invitation by my classmate FC Pres. Oscar Villaverde from RC Lucban in Quezon to attend their induction next Friday. We also met District 3820 DG Danny Ona and PDG Dennis. After the usual program speeches, our time came for the renewal and signing of sisterhood agreement by me and my classmate, witnessed by DG Ona, Sec. Chris and PP Ronie and their counterparts.

This morning, Sept. 26, we commemorated the anniversary of Ondoy. At the invitation of Mayor Del de Guzman we walked from Freedom Park at 6AM to the Our lady of the Abandoned Church where a mass was celebrated at 7AM. After the Mass, we all travelled to Pintong Bukawe, San Mateo for the initial planting of 1,000 Robusta Coffee seedlings from the 50,000 seedlings planned for the area.

This is the thirteenth entry in my journal. Let us join hands and Save the Marikina Watershed. It is good to know that our city is at the forefront in disaster risk reduction and management. Let us plant trees and save our environment. Let us make a difference in the lives of others as we change our lives as well. Let us "Engage Rotary, Change Lives". Thank you.

### PROGRAMME

#### October 3, 2013

Invocation	Rtn. Joey Ramos
National Anthem	Rtn. Gee Flores
Rotary Pledge	PP Kiko Pe Benito
Introduction of Guests	Rtn. Joel Relve
Entertainment	Dir. Manny Pecho
Recognition	PP George Ty
Emcee	PP Dindo Santos
Fellowship/Raffle	VP Bernard Cansana

#### October 10

PP Dante Verano
PP Manny de Guzman
Dir. Willie Reyes
Rtn. Ken Sueno
Treas. Elmer Tan
Rtn. Roman Villame
IPP Benjie Malaya
DDG Vincent Santos

To visit our website  
Scan the QR code below





# Roster of Members



	Rotarian	Classification	Induction	Spouse	Sept			
					05	12	19	
1	Aguinaldo, Onie S.	Dairy Product Distribution	12/22/1983	Linda	P	P	P	
2	Allas, Boyet A.	Plumbing	10/30/2003	Lalaine				
3	Arcellana, Jonathan A.	Trading and Marketing	10/25/2007	Ella				
4	Barcinal, Val A.	Medicine-Pediatric	02/11/2010	Arlene	P	P	M	
5	Barotilla, Boni M.	Motorcycle Parts Distribution	09/23/2010	Herminia	M	P	P	
6	Cabalquinto, Dodjie N.	Building Construction	01/20/2005	Dolly	P	P	P	
7	Cadiz, Fabi I.	Medicine - General	03/16/2000		M	P	P	
8	Cansana, Bernard H.	Horizontal Construction	07/06/2007	Carol	M	P	P	
9	Capco, Claro L.	Education	07/05/2002	Jehan				
10	Cobarrubias, Jon Jon L.	General Merchandise - Wholesale	08/28/2008	Kristelle				
11	Co, Peter	Hardware Distribution	08/31/2013	Lily			P	
12	Corpus, Pat S.	Secondary Administration	10/26/2006					
13	Cruz, Celso C.	Insurance - Non-Life	6/18/1998		P	P	P	
14	Cruz, Jessie F.	Real Estate Brokerage	11/4/1993	Isay		P	P	
15	Cruz, Willy R.	Architecture	10/6/2005	Liza				
16	Culminas, Boyet G.	Pest Control	09/23/2010	Imelda		P	P	
17	De Guzman, Del R.	Sash Manufacturing	12/3/1998	Amy	M	P		
18	De Guzman, Efren O.	Memorial Service	7/29/1982	Pam	P	P	P	
19	De Leon, Lawrence M.	Accountancy	04/18/2013	Tet				
20	Dela Paz, Flor S.	Ladies' Shoes Manufacturing	1/23/1969	Vising	P	P	P	
21	Dela Paz, Hermie R.	Financial Consultancy	12/4/2008		P	P	P	
22	Farcon, Eduard G.	Auto Parts and Accessories Retailing	10/11/2001	Nancy	P	P	P	
23	Farcon, Jun G.	Taxation	4/22/1988	Zeny	M	M	P	
24	Fidelino, Tony B.	Law - Civil	8/26/1993	Elai	M	P	M	
25	Flores, Gee S	Music	3/31/2011	Lita	P	P	P	
26	Flores, Noel S.	Vertical Construction	1/17/2002	Vivian	M			
27	Garcia, Nes C.	Hospital Administration	7/1/2000	Nora	M	M		
28	Garcia, Roland C.	Marketing and Sales Services	11/14/1991		P	P	P	
29	Igliane, August R.	Orthodontics	9/29/2011	Almira	P	P		
30	Ignacio, Eric C.	Real Estate Developing	9/29/1994	Lydia	P	P	P	
31	Josef, Jerome D.	Pharmaceutical Distribution	10/12/2009	Cheri	P	P		
32	Malaya, Benjie V.	Medicine - Gastroenterology	8/1/1996	Julie	P	P	P	
33	Manzo, Alex P.	Special Education Teaching	8/26/2010	Tetet				
34	Masangkay, Ronie P.	Laboratory Service	1/17/2002	Liza	M	P	P	
35	Meriño, Chris U.	Civil Construction	3/6/2008	Minna	P	P	P	
36	Montoya, Rey P.	Gasoline Distribution	7/7/1994	Lyn		P		
37	Ong, Gilbert E.	Printing Products Distribution	04/26/2012		P			
38	Ong, Patrick T.	Concrete Products Manufacturing	09/03/2009					
39	Pe Benito, Francis I.	Banking - Savings & Thrift	12/3/1998	Monette				
40	Pecho, Manny F.	Engineering-Marine	11/06/10	Marivic	M	P	M	
41	Ramos, Joey C.	Computer Services Provider	04/26/2012		P	P	P	
42	Relleve, Joel V.	Medicine	10/18/12			P	P	
43	Reyes, Willie E.	Marketing & Trading	10/6/2005	Rina	M	P	P	
44	Rodriguez, Tops N.	Real Estate Marketing	3/17/2006	Vanz	P	P	P	
45	Sabiniano, Vic A.	Shoe Manufacturing	3/18/2004	Miriam				
46	Santos, Dindo C.	Medicine - Family	8/14/1997	Cecil	P	P	P	
47	Santos, Vincent C.	Medicine - Endocrinology	7/1/2000	Eula	M	P	P	
48	Sibal, Dan C.	Automotive Servicing	5/11/2006	Ying	P	P	M	
49	Sueno, Kennedy V.	Government Service	12/01/2011	Zenaida		P	M	
50	Tan, Carl S.	Food Service Equipment Distribution	5/7/2009					



# Roster of Members



	Rotarian	Classification	Induction	Spouse	Sept		
					05	12	19
51	Tan, Elmer J.	Corporate Give Away	7/30/2009	Ellen	M	P	M
52	Tañazana, Nixon D.	Engineering-Structural	9/06/2012	Nellieden			
53	Ty, George S.	Electronics Service	8/10/1989	Leonor	P	P	P
54	Verano, Dante L.	Engineering - Electrical	3/17/1991	Noemi	P	P	P
55	Villame, Roman B.	Engineering - Civil	01/17/2013	Lorie		P	
<b>Exempted</b>							
56	Ancheta, Al Q.	Management Consultancy	8/21/1975	Bella	E	E	E
57	Capco, Jimmy P.	Aesthetic Plastic Surgery	1/4/1968	Lanie	P	P	P
58	Cruz, Emil I.	Textile Printing	10/6/1976	Mely	E	E	E
59	Cruz, Romy M.	Medicine - Radiology	8/19/1971	Cora	P	E	E
60	De Guzman, Greg S.**	Orthodontics	3/18/1965	Dely	E	E	E
61	De Guzman, Manny P.	Architecture	8/26/1982	Zeny	P	P	
62	Dela Paz, Ading G.	Medicine - Internal	10/7/1971	Casing	P	E	E
63	Farcon, Ver S.	Law - Corporate	3/17/1971		P	M	M
64	Favis, Manolo G.	Radio / TV Broadcasting	8/10/1989		E	E	E
65	Garduño, Jun A.	Medicine - Internal	10/6/1977	Linda	P	E	E
66	Florencio, Rene A.	Jewelry Manufacturing & Marketing	3/16/2001	Cora	P	E	E
67	Judan, Joe A.	Engineering—Civil	3/17/1991	Minia	E	E	E
68	Lee, Joe P.	Real Estate Developing	9/29/1977	Fely	E	P	E
69	Navarro, Ed B.	Medicine - General	10/28/1982	Meldy	E	E	E
70	Ong, Boy B.	Hardware Distribution	7/29/1982	Corie	P	M	M
71	Sumulong, Vic C.	Optometry	2/3/1966	Maring	E	P	E
72	Tanco, Ting N.**	Cotton Spinning	3/18/1965	Alice	E	P	E
73	Tanpengchang, Larry C.	Lumber Distribution	12/8/1977	Viring	E	E	E
74	Valentino, Rudy B.	Shoe Retailing	2/11/1982		P	P	E
75	Don Emilio Yap	HONORARY MEMBER					
76	Kazuhiko Toujoh	HONORARY MEMBER					
77	Antonio L. Co	HONORARY MEMBER					
	** Charter Member						
	LEGEND:	P-Present	M-Make-up	E-Exempted			

### Club Extension (Aug 18)

PP Tony Fidelino-09/05 Rtn. Dan Sibal-09/19

### RC Caloocan (Aug 21)

Dir. Val Barcinal-09/19 Dir. Manny Pecho-09/19

### Book Donation to Bulajo Elementary School (Aug 24)

PP Tony Fidelino-09/19 PD Nestor Garcia-09/12

### Book Donation—Malanday Elementary School (Aug 24)

Treas. Elmer Tan-09/19

### ALS (Aug 11, 23)

PP Boy Ong– 09/12, 09/19

### EXTRA ATTENDANCE

#### Zone Newspaper bag making (Sept. 10)

Pres. Hermie de la Paz

#### International River Summit Technical Committee Meeting (Sept. 11)

PP Eric Ignacio, PE Dodjie Cabalquinto, Rtn. Joey Ramos

#### Club Extension Meeting (Sept. 18)

IPP Benjie Malaya, PP George Ty

#### Buntis Party-Nangka Health Center (Sept. 19)

IPP Benjie Malaya, Pres. Hermie de la Paz

#### RC Caloocan (Sept. 21)

Pres. Hermie de la Paz, PDG Efren de Guzman, PDG Jun Farcon, PE

Dodjie Cabalquinto, Dir. Bonei Barotilla

#### Book Donation at Bulajo Elementary School (Sept. 24)

Pres. Hermie de la Paz, PP Ronie Masangkay, PP Flor dela Paz, Sec. Chris

Meriño

#### RC Cavinti Anniv. (Sept. 24)

Pres. Hermie de la Paz, PP Ronie Masangkay, PP Flor dela Paz, Sec. Chris

Meriño, PP Tony Fidelino

*Let us go forth, as called of God  
Redeemed by Jesus' precious blood;  
His love to show, His life to live,  
His message speak, His mercy give. - Whittle*