



Programme



Volume 49 Weekly Meeting No. 03

July 18, 2013

Website/Media Sites Re-launching Wheelchair Donation

- | | | |
|------|---|--------------------------|
| I. | Registration | |
| II. | Program | |
| | Call to Order | - Pres. Hermie de la Paz |
| | Invocation | - PD Eduard Farcon |
| | National Anthem | - Dir. Chris Meriño |
| | Rotary Pledge & The 4-Way Test | - Dir. Jerome Josef |
| | Introduction of Visiting Rotarians & Guests | - Rtn. Willy Cruz |
| | Entertainment | - PP Roland Garcia |
| | Recognition | - AG Ronie Masangkay |
| | Rotary Information | - PP Tony Fidelino |
| | Wheelchair Donation | |
| | Website/Media Site Re-Launching | - PP Dindo Santos |
| | Secretary's Time | - Sec. Alex Manzo |
| | President's Time | - Pres. Hermie de la Paz |
| | RC Marikina March | |
| | Adjournment | - Pres. Hermie de la Paz |
| III. | Fellowship | |
| | Weekly Raffle | - PP Flor dela Paz |

Dir. Val Barcinal
Master of Ceremonies

THE ROTARY PLEDGE

I do solemnly promise to help advance the object of Rotary, comply with the constitution and by-laws of Rotary International and the Rotary Club of Marikina, ever putting into practice Rotary's Motto: "SERVICE ABOVE SELF."

THE FOUR WAY TEST

Of things we think, say or do:

- Is it the TRUTH?
- Is it FAIR to all concerned?
- Will it build GOODWILL and better FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned?

PRAYER

Lord you created us for yourself and our hearts are restless until they rest in you. Please show us how to love you with all our hearts and our neighbor as our self. Teach us to be practical about loving one another in you and for you as you desire. Show us our immediate neighbor today; the need of others is your call to attention. Remind us that you count as done to you what we do for one another, and that our turning our backs to you. Make us know, love and serve you this life and be happy forever in the next in union with all our brothers and sisters, children of a common Father. To serve you is to reign.
Amen.



ROTARY CLUB OF MARIKINA MARCH

Music: PP Jimmy Capco

Lyrics: Rtn. Francisco Pascual;

Arranger: Rtn. Allan SM Perez

Come sing with us for fellowship
A song of camaraderie
Then give your hand in fond friendship
To Marikina Rotary

We love to share our thoughts with you
And lavish in your company
So, come each meeting day please do
To Marikina Rotary

Refrain

Motto of SERVICE ABOVE SELF
Is not a mere phraseology
Participate with zeal and zest
In Marikina Rotary

Let us Rotarian serve all
Our beloved community
Then we can accentuate the goal
Of Marikina Rotary



DECLARATION OF ROTARIANS IN BUSINESS AND PROFESSION

As a Rotarian engaged in business or profession, I am expected to:

1. Consider my vocation to be another opportunity to serve;
2. Be faithful to the letter and to the spirit of ethical codes of my vocation, to the laws of my country, and to the moral standards of my community
3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation
4. Be fair to my employees, associates, competitors, customers, the public and all those with whom I have business or professional relationship;
5. Recognize the honor and respect due to all occupations which are useful to society;
6. Offer my vocational talents; to provide opportunities for young people; to work for the relief of the special needs of others, and to improve the quality of life in the community.
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or profession
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded to others in a business or professional relationships



First Class Voyager

PRES. HERMIE DELA PAZ



Our club will enter into a MOA with our Mayor and PP Del de Guzman and the City Government of Marikina to formalize and further strengthen our partnership in service of the people and community of Marikina. For so many years, we had a very warm and close working relationship with our mayors and our city. This was shown during the incumbency of Mayor and PP Rudy Valentino when he initiated the long-term lease of the lot which our clubhouse, the Marikina Rotary Youth Center occupied up to today. This was further enhanced during Mayor and PP Del de Guzman's term as club president in RY 2011-2012. During his term, our club collaborated with the city government on many humanitarian service projects. To date, we are also the lead partner of the city in Mayor Del's main advocacy and flagship environmental project, the reforestation of the Marikina Watershed Land Protected area, to protect our city or minimize the impact of another calamity like Ondoy.

Mayor Del had given his all-out support to all our programs and projects, even before he became our club president, and he continues to support our club today. He never hesitated to provide with all the resources of the city when we requested for them like lending us the bus or van to facilitate our visit to our sister club in Malolos, Bulacan during their charter anniversary or provide transport to our Japanese Rotarian friends. I remember, when I was a new Rotarian and chairman of the Story Retelling contest, he gave me some amount which I added to the cash prize money of the high school student winners of the contest. On many of our club events, he can be called upon to donate a whole lechon to make the occasion more memorable. He is always ready and willing to accommodate our request for discount to many of the city's events place, like the Marikina Convention Center and Kapitan Moy. He is indeed a true friend and benefactor of our club and an authentic Rotarian.

On July 29, 2013 at 8:00 in the morning, let us all witness the signing of this MOA during the flag ceremony in front of our city hall. Let us show our appreciation to the father of our city. Let us show to the people of Marikina that Mayor Del is one of us and that we are his partners in providing humanitarian service projects to our beloved community. This MOA will further strengthen our partnership with our city for the benefit of the less privileged members of our city.

This is the third entry in my journal which is not about what we had done but is about what we intend to do in the coming week. At these other times, I hope to draw the path that we will take during our travels together. I just hope to get to our destination as soon as possible with nothing but pleasant memories of our journey together. Thank you.



Rotary Engagement

SEC. ALEX MANZO



Knowing each other

“Hello, hello, hello
Hello, how are you?
I’m glad to be with you!
And you, and you, and you!”

Do you remember this preschool song? It is an opening song for getting to know each other. Likewise in Rotary, it would be a good start... no, a great start, if we know each other really well.

There is an old adage, “*No man is an island.*” This is a sermon by the 17th century English author John Donne. People are social beings. They cannot live without mingling with other people. Remember the movie, “*I am Legend*”? He is not living but existing. And he exists because of hope... hoping that there is another person out there.

And if he discovers that there are indeed other people, they would tend to “flock together”. But they flock together because they have something in common: they are all people.

Today, people flock together when they have the same interests and values. Because of this they build groups, clubs, or organizations. So it is very important that people know the people they adhere to, because they will be with them for a very long time.

In Rotary, we are all in a journey. Our journeys may be somewhat different than others, but our destination as Rotarians will finish in one place – our common goal. Along this journey, it would be important to know the people you are traveling with. I’m not talking about knowing your fellow Rotarian based on his classification alone, but a deeper understanding of the person; not to say uncertainly “I know OF him.” but to proudly say, “I know him!”

Knowing each other will benefit not only each one of us, but also the group. Imagine how easy it would be to do a certain project because you know the qualities and values of the person you are with. It will make communication better. Knowing each other



Service-in-Action



Regular Weekly Meeting, July 11, 2013, MRYC



PP Roland reporting their Visit to RC Joam, South Korea.



PP Roland handing the CD of the report of the Visit to RC Joam to IPP Benjie.



Fellowship





Service-in-Action



Visit to RC Joam, South Korea (June 28-July 2)





Service-in-Action



Visit to RC Joam, South Korea (June 28-July 2)





Rotary Information

PP TONY FIDELINO



Why join Rotary?

Maybe you've seen a need in your own community and wondered how you could help. Maybe you want to use your professional skills to help others — or even learn new skills. Maybe you're seeking connections with other service-minded professionals in your community or abroad.

"Being a Rotarian means serving your community, networking, making friends, and building international relationships."

"Rotary creates the perfect venue for me to give back to the community I live in while enjoying the camaraderie of positive and active individuals."

"Rotary is a tremendous network. Leaders in the community can connect and reach out to people in need."

"Rotary provides an environment for developing strong friendships and business relationships."

"Leadership is a key focus of Rotary. Through Rotary, you have the opportunity to expand your leadership skills and achieve your goals."

"If you truly want to give back to the community — and to the world at large — you join Rotary. It has an arm that reaches across all barriers. To be part of that is very powerful."

"Every Rotary club in the world, no matter how big or small, has one thing in common: friendship. And it's from this base of friendship that we serve our community."

"There's so much diversity in the work Rotary does. It can give you exposure to so many different areas and help you find what your interests really are."

"I found a fellowship where every nation, every color, all of humanity can be like a family. I've got a place where I can serve my people and serve the world."

Indeed, Rotary is a pleasant and wonderful experience. Most people join Rotary to build friendship, expand opportunities for service, serve the community and the world. Let us keep it that way and continue serving while at the same time nurturing friendship. Good night!



Club Treasurer's Report

TREAS. ELMER TAN



Cash Position Report

July 6-11, 2013

Beginning Balance as of July 6, 2013	12,560.00
<u>Cash/Check Receipts</u>	
Dinner Collections - July 11	5,200.00
Fine - July 11	60.00
Dues	3,000.00
Total Receipts	8,260.00
Sub-Total	20,820.00
<u>Cash Disbursements</u>	
Dinner - July 11	6,000.00
Bantay Bayan-July 11	200.00
Print Bulletin & Cover	992.50
Printer cartridge and installation	450.00
Total Disbursement	7,642.50
Ending Balance, July 11, 2013	13,177.50



Ecology Today

DIR. VAL BARCINAL



ECOLOGY TODAY(Valley Wheel July 18, 2013)

Measuring the impacts on human health

(Continuation of last Valley Issue **ECOLOGY TODAY** July 11, 2013: Every Breath We Take – Air Quality)



Photo by Peter Griffin

Although air pollution affects everyone, it does not affect everyone to the same extent and in the same way. More people are exposed to air pollution in urban areas because of the higher population densities there. Some groups are more vulnerable, including those suffering from cardiovascular and respiratory diseases, people with reactive airways and airway allergies, the elderly, and infants.

‘Air pollution affects everyone in developed and developing countries alike,’ says Marie-Eve Héroux from the World Health Organization’s Regional Office for Europe. ‘Even in Europe, there is still a high proportion of the population that is exposed to levels exceeding our recommendations on air quality guidelines.’

It is not easy to estimate the full extent of the damage to our health and the environment caused by air pollution. However, there are many studies based various sectors or pollution sources.

According to the Aphekom project co-funded by the European Commission, air pollution in Europe leads to a reduction in life expectancy of around 8.6 months per person.

Some economic models can be used to estimate the costs of air pollution. These models typically contain the health costs caused by air pollution (loss of productivity, additional medical costs, etc.), as well as costs arising from lower crop yields and damage to certain materials. However, such models do not include all the costs to society caused by air pollution.

But even with their limitations, such cost estimates give an indication of the magnitude of the damage. Nearly 10 000 industrial facilities across Europe report the amounts of various pollutants they emit to the atmosphere to the European Pollutant Release and Transfer Register (E-PRTR). Based on these publicly available data, the EEA estimated that air pollution

Continued on page 13



Digitally Yours

RTN. JOEY RAMOS



Connecting your Computer to your TV

So you've just returned from an incredible 1-week trek in South Korea, and your friends and family are sitting around your living room eager to see the many photos and videos you took of your journey. Your 42-inch Smart HDTV seems the perfect vehicle to showcase your adventure, but how do you hook it up to your PC or laptop?

Surprisingly considering how many people own both devices, connecting your computer to your TV is not completely straightforward. Television and computer video signals don't really follow the same protocols – televisions have traditionally used RF, and computers use VGA and its many variants. These two technologies don't really play nice with each other. So what options do we have to connect up our equipment?

1 – S-Video

Possibly the most common connection used in this scenario, the S-Video port on your computer can be used to output video to your television. There are two types of S-Video port, a 4-pin and a 7-pin.

Most laptops and computers will use a 7-pin S-Video connection. If your TV has an S-video 7-pin in port, you can use an S-Video to S-Video cable to output video to your TV. If your TV only has scart sockets you can usually get video by using a standard S-Video to Scart cable.

2 – VGA

With a bit of luck and a relatively new TV, your TV will have a VGA input. Virtually all computers have a VGA output, and if you can use a VGA to VGA cable to connect the two together, your TV can act as a pseudo monitor. The quality of the picture will be greater than that of S-Video, so choose this option if it is available.

3 – DVI

A marginally better option is the DVI port, if you have one on your computer and television. You are more likely to find a DVI port on a desktop computer than a laptop, but if you can use a DVI to DVI cable this will be an improvement in picture over even VGA. If your television only has a DVI input and your laptop only has a VGA output, you can use a VGA to DVI cable or converter.

4 – HDMI

The best quality you can get at the moment would be to use HDMI connections, but HDMI

...from page 11 Digitally Yours

means we will have a better sense of how each one clicks. Imagine how comfortable one will feel. Knowing each other's personality, interests, and background, will ascertain a sense of FAITH and REVERENCE that will make each one feel "at home". And isn't that what we all want?

Knowing each other personally will make us appreciate the individuality of that person in any level. We would understand where that person is coming from. I can just imagine the Fellowship time... full of patience and understanding, if not total love! (... but getting there!)

"... what a wonderful Rotary it would be!"

"No man is an island entire of itself; every man is a piece of the Continent, a part of the main.... Any man's death diminishes me because I am involved in Mankind; and therefore never send to know for whom the bell tolls; it tolls for thee."

- John Donne

"To be no part of any body, is to be nothing." - (letter, Sept. 1608, to Sir Henry Goodyer, published in Complete Poetry and Selected Prose, ed. John Hayward, 1929).

...from page 4 Rotary Engagement

outputs are rare on computers at the moment. You can however use a DVI to HDMI cable, which will give you comparable results. These cables tend to be a bit more expensive at the moment.

5 – Scan Converter Box

If all else fails or your television is very old, you could use a scan converter to convert your output VGA signal to a simple signal your television will understand. Whereas these were used quite a bit in the past, with modern televisions increasingly adding multiple ways to connect your equipment scan converter boxes are becoming increasingly rare.

Summary

In summary there are a number of ways to connect up your computer equipment to your television, and the best option to choose depends on which input and output ports are available on your equipment. Have fun!



Calendar of Activities



Date/Time	Activity	Venue
22 July/8:00 AM	MOA Signing with City Gov't of Marikina during Flag Ceremony	Marikina City Hall
25 July	Dengue Awareness	
August—Membership & Extension Month		

...from page 10 Ecology Today

from the 10,000 largest polluting facilities in Europe cost Europeans between EUR102 and EUR169 billion in 2009. Importantly, just 191 facilities were found to be responsible for half of the total damage cost.

There are also studies estimating the possible gains that could be obtained by improving air quality. For example, the Aphekom study predicts that reducing annual average levels of PM2.5 to World Health Organisation guideline levels would result in concrete gains in life expectancy. Achieving just this target is expected to result in possible gains ranging from 22 months on average per person in Bucharest, and 19 months in Budapest, to 2 months in Malaga, and less than half a month in Dublin.

PROGRAMME

	July 25, 2013	August 1, 2013	August 8, 2013
Invocation	Rtn. Gee Flores	PP Manny De Guzman	Rtn. August Igliane
National Anthem	Rtn. Joel Relleve	DDG Vincent Santos	PP Ver Farcon
Rotary Pledge & The Four Way Test	Rtn. Joey Ramos	IPP Benjie Malaya	PD Celso Cruz
Introduction of Visiting Rotarians & Guests	PP Kiko Pe Benito	Rtn. Ken Sueno	Rtn. Boyet Culminas
Entertainment	VP Bernard Cansana	Dir. Willie Reyes	PP Eric Ignacio
Recognition	Rtn. Manny Pecho	Treas. Elmer Tan	PE Dodjie Cabalquinto
Raffle	PP Fabi Cadiz	PP Del de Guzman	PP Flor dela Paz
Emcee	PP Dindo Santos	Rtn. Roman Villame	Dir. Bonie Barotilla
Fellowship	PP George Ty	PP Dante Verano	PP Onie Aguinaldo



Roster of Members



	Rotarian	Classification	Induction	Spouse	July			
					04	06	11	
1	Aguinaldo, Onie S.	Dairy Product Distribution	12/22/1983	Linda	P	P	P	
2	Allas, Boyet A.	Plumbing	10/30/2003	Lalaine				
3	Arcellana, Jonathan A.	Trading and Marketing	10/25/2007	Ella				
4	Barcinal, Val A.	Medicine-Pediatric	02/11/2010	Arlene	M	P		
5	Barotilla, Boni M.	Motorcycle Parts Distribution	09/23/2010	Herminia	P	P	P	
6	Cabalquinto, Dodjie N.	Building Construction	01/20/2005	Dolly	P	P	P	
7	Cadiz, Fabi I.	Medicine - General	03/16/2000			P	P	
8	Cansana, Bernard H.	Horizontal Construction	07/06/2007	Carol	P	P	P	
9	Capco, Claro L.	Education	07/05/2002	Jehan				
10	Cobbarrubias, Jon Jon L.	General Merchandise - Wholesale	08/28/2008	Kristelle				
11	Corpus, Pat S.	Secondary Administration	10/26/2006				P	
12	Cruz, Celso C.	Insurance - Non-Life	6/18/1998		P	P	P	
13	Cruz, Jessie F.	Real Estate Brokerage	11/4/1993	Isay	P		P	
14	Cruz, Willy R.	Architecture	10/6/2005	Liza				
15	Culminas, Boyet G.	Pest Control	09/23/2010	Imelda	M	P	P	
16	De Guzman, Del R.	Sash Manufacturing	12/3/1998	Amy				
17	De Guzman, Efren O.	Memorial Service	7/29/1982	Pam	M	P	P	
18	De Leon, Lawrence M.	Accountancy	04/18/2013	Tet				
19	Dela Paz, Flor S.	Ladies' Shoes Manufacturing	1/23/1969	Vising	P	M	P	
20	Dela Paz, Hermie R.	Financial Consultancy	12/4/2008		P	P	P	
21	Farcon, Eduard G.	Auto Parts and Accessories Retailing	10/11/2001	Nancy	P	P	P	
22	Farcon, Jun G.	Taxation	4/22/1988	Zeny	M	P	P	
23	Fidelino, Tony B.	Law - Civil	8/26/1993	Elai	M	P	P	
24	Flores, Gee S	Music	3/31/2011	Lita	P	P	P	
25	Flores, Noel S.	Vertical Construction	1/17/2002	Vivian	P	M	M	
26	Garcia, Nes C.	Hospital Administration	7/1/2000	Nora				
27	Garcia, Roland C.	Marketing and Sales Services	11/14/1991		P	P	P	
28	Igliane, August R.	Orthodontics	9/29/2011	Almira	P			
29	Ignacio, Eric C.	Real Estate Developing	9/29/1994	Lydia	M	P	M	
30	Josef, Jerome D.	Pharmaceutical Distribution	10/12/2009	Cheri				
31	Malaya, Benjie V.	Medicine - Gastroenterology	8/1/1996	Julie	P	P	P	
32	Manzo, Alex P.	Special Education Teaching	8/26/2010	Tetet	P	P	M	
33	Masangkay, Ronie P.	Laboratory Service	1/17/2002	Liza	P	P	P	
34	Meriño, Chris U.	Civil Construction	3/6/2008	Minna	P	P	P	
35	Montoya, Rey P.	Gasoline Distribution	7/7/1994	Lyn			P	
36	Ong, Gilbert E.	Printing Products Distribution	04/26/2012		P			
37	Ong, Patrick T.	Concrete Products Manufacturing	09/03/2009					
38	Pe Benito, Francis I.	Banking - Savings & Thrift	12/3/1998	Monette		P		
39	Pecho, Manny F.	Engineering-Marine	11/06/10	Marivic	P	P	P	
40	Ramos, Joey C.	Computer Services Provider	04/26/2012		P	P	P	
41	Relleve, Joel V.	Medicine	10/18/12			P		
42	Reyes, Willie E.	Marketing & Trading	10/6/2005	Rina	M	P	P	
43	Rodriguez, Tops N.	Real Estate Marketing	3/17/2006	Vanz	P	M	P	
44	Sabiniano, Vic A.	Shoe Manufacturing	3/18/2004	Miriam				
45	Santos, Dindo C.	Medicine - Family	8/14/1997	Cecil	P	P	P	
46	Santos, Vincent C.	Medicine - Endocrinology	7/1/2000	Eula	P	P	M	
47	Sibal, Dan C.	Automotive Servicing	5/11/2006	Ying	P	P	P	
48	Sueno, Kennedy V.	Government Service	12/01/2011	Zenaida				
49	Tan, Carl S.	Food Service Equipment Distribution	5/7/2009					
50	Tan, Elmer J.	Corporate Give Away	7/30/2009	Ellen	P	P	M	



Roster of Members



	Rotarian	Classification	Induction	Spouse	July		
					04	06	11
51	Tañazana, Nixon D.	Engineering-Structural	9/06/2012	Nellieden			
52	Ty, George S.	Electronics Service	8/10/1989	Leonor	P	P	M
53	Verano, Dante L.	Engineering - Electrical	3/17/1991	Noemi	P	P	P
54	Villame, Roman B.	Engineering - Civil	01/17/2013	Lorie		P	P
Exempted							
55	Ancheta, Al Q.	Management Consultancy	8/21/1975	Bella	E	E	E
56	Capco, Jimmy P.	Aesthetic Plastic Surgery	1/4/1968	Lanie	P	M	P
57	Cruz, Emil I.	Textile Printing	10/6/1976	Mely	E	E	E
58	Cruz, Romy M.	Medicine - Radiology	8/19/1971	Cora	P	E	E
59	De Guzman, Greg S.**	Orthodontics	3/18/1965	Dely	E	E	E
60	De Guzman, Manny P.	Architecture	8/26/1982	Zeny	P	P	P
61	Dela Paz, Ading G.	Medicine - Internal	10/7/1971	Casing	E	E	P
62	Farcon, Ver S.	Law - Corporate	3/17/1971		P	E	P
63	Favis, Manolo G.	Radio / TV Broadcasting	8/10/1989		E	E	E
64	Garduño, Jun A.	Medicine - Internal	10/6/1977	Linda	E	E	E
65	Florencio, Rene A.	Jewelry Manufacturing & Marketing	3/16/2001	Cora	E	E	E
66	Judan, Joe A.	Engineering—Civil	3/17/1991	Minia	E	E	P
67	Lee, Joe P.	Real Estate Developing	9/29/1977	Fely	E	E	E
68	Navarro, Ed B.	Medicine - General	10/28/1982	Meldy	E	E	E
69	Ong, Boy B.	Hardware Distribution	7/29/1982	Corie	P	P	P
70	Sumulong, Vic C.	Optometry	2/3/1966	Maring	E	P	E
71	Tanco, Ting N.**	Cotton Spinning	3/18/1965	Alice	E	E	E
72	Tanpengchang, Larry C.	Lumber Distribution	12/8/1977	Viring	E	E	E
73	Valentino, Rudy B.	Shoe Retailing	2/11/1982		P	E	P
74	Don Emilio Yap	HONORARY MEMBER					
75	Kazuhiko Toujoh	HONORARY MEMBER					
76	Antonio L. Co	HONORARY MEMBER					
	** Charter Member						
	LEGEND:	P-Present	M-Make-up	E-Exempted			

EXTRA ATTENDANCE

On-to-Korea (June 29)

PP Noel Flores-07/11

PP Eric Ignacio-07/11

PP George Ty-07/11

Board Meeting (July 1)

Sec. Alex Manzo-07/11

Treas. Elmer Tan-07/11

RC Marikina West

DDG Vincent Santos-07/11

EXTRA ATTENDANCE

RC San Mateo (Jul 3)

Pres. Hermie dela Paz, PP Manny de Guzman, PP Vincent Santos, PP

Ronie Masangkay, PD Celso Cruz

Unveiling of New Public Image Billboard (Jul 4)

Pres. Hermie dela Paz, Sec. Alex Manzo, PP Noel Flores, PE Dodjie

Cabalquinto, AG Vincent Santos, Dir. Chris Meriño, Dir. Manny Pecho,

PP Manny de Guzman, PP Dante Verano, PP Tony Fidelino, Dir. Bonie

Barotilla, IPP Benjie Malaya, Dir. Val Barcinal, PP Boy Ong, PP Onie

Aguinaldo, Rtn. Joey Ramos, Rtn. Tops Rodriguez, PDG Efen de

Guzman, PP Eric Ignacio

International River Summit (Jul 16)

PE Dodjie Cabalquinto, Dir. Willie Reyes, Rtn. Gee Flores, Rtn. Joey

Ramos